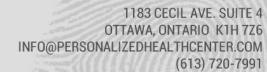


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Daily Log Sheet

			-	ase carry around woest tool for us to he	•	
Day Wake up:						
Meal 1: Time Medication/s						
Meal 2 : Time Medication/s						
Meal 3: Time Medication/s						
Meal 4 : Time Medication/s						
Meal 5: Time Medication/s						
Meal 6: Time Medication/s Extra Notes:						
Bowel Mover	ments:					
Time:	Time:	Time:	Time:			
Workout: Sta	art Time:	End Time:				

Bed Time:





"Live Well Today"